#### VASCULAR SURGERY REFERRAL GUIDELINES

**UPDATED 8/02/2019** 

<u>Diagnosis: CAROTID DISEASE</u>
Preferred work up: Carotid Duplex

If patient is symptomatic (signs of a stroke or TIA), please contact

vascular surgery for an urgent appointment (433-3850).

Referring provider should also order a CT angiogram of head and

neck prior to vascular consultation to prevent delays in care.

## **Diagnosis: PERIPHERAL ARTERIAL DISEASE**

Preferred work up: Ankle-Brachial Indices (ABI)

#### **Diagnosis: FOOT ULCERS**

Preferred work up: Ankle-Brachial Indices (ABI)

Urgent referral if the wound is worsening or there is gangrene or obvious signs of ischemia. Please contact vascular surgery for an urgent appointment (433-3850).

# **Diagnosis: MALLEOLAR ULCERS (VENOUS ULCERS)**

Preferred work up: Standing Venous Reflux study (side of ulcer only).

Urgent referral if the wound is worsening or there is gangrene or obvious signs of ischemia. Please contact vascular surgery for an urgent appointment (433-3850).

### **Diagnosis: VARICOSE VEINS**

Preferred work up: NO imaging necessary with first visit.

Please note, insurance company will make patients try compression stockings for 3 months before authorizing surgery, so please either order stockings for the patients or let them know of the delay.

#### **Diagnosis: THORACIC OUTLET**

Preferred work up: Do NOT obtain arterial study. These are 1% of cases. Recommend

Neurology evaluation first. Please call Vascular Surgeon if there is

concern for arterial embolization

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#### **Diagnosis: FINGER ISCHEMIA**

Preferred work up: Upper extremity arterial duplex with photo plethysomography (PPG) waveforms of fingers.

### **Diagnosis: AORTIC ANEURSYM**

Preferred work up: Aorta Duplex

Please remember, Vascular Surgery only treats abdominal aortic aneurysm. If the aneurysm is in the ascending or thoracic aorta, the patient needs to be referred to CT surgery NOT Vascular Surgery.

#### **Diagnosis: LEG EDEMA**

Since we are surgeons, we do not typically manage leg edema unless there is a venous cause that can be fixed with surgery. As such, please obtain a standing venous reflux study and refer patients our way if there is a venous disease. If you think they have lymphedema and the venous duplex is normal, Tamara Wells in Occupational Therapy is adept at compression and lymphatic massage.